

OUR STORY - OUR COMMUNITY

Meditation is a universal practice that leads beyond words, images and thoughts into the faith-filled and presence-filled emptiness we call the Silence of God. What is particularly Christian about it is the awareness that it takes us, in faith, into the prayer of Jesus himself. And when we share in the human consciousness of Jesus we can begin to be truly open to one another.

It was the Benedictine monk, John Main, who rediscovered this contemplative tradition in the Christian church. The Christian Meditation Community began in 1976 and has since become a world wide movement of men and women from every walk of life who meet in this prayer of stillness, silence and simplicity.

The Community in Western Australia is made up of small groups who meet regularly to meditate. You will find details of these groups on our website. We also come together during the year to share Community Days and Silent Retreat Days. Visitors are always welcome at all our groups and events.

Overview:

Dom Laurence FREEMAN OSB is the spiritual leader of the World Community for Christian Meditation.

In 2016 we look forward to Fr Laurence FREEMAN's visit to Perth, and our Community in April. Early details are shown inside. More information about Laurence's visit will be available at a later date.

Silent Days are based on the gentle rhythm and balance of Benedictine spirituality. Time for personal reflection, Prayer of the Hours and periods of meditation.

Community Days

'Soul food' days with formal and informal sessions – including meditation, reflection and discussion in a friendly supportive atmosphere. All welcome.

Introduction to Christian Meditation

This session introduces participants to the ancient practice of Christian meditation, the history and scriptural underpinning of the practice.

Sessions available on request, for your Community or Parish group.

Just ask

THE CHRISTIAN MEDITATION COMMUNITY (WA) INC



CALENDAR OF EVENTS

2016

CHRISTIAN MEDITATION COMMUNITY
(WA) INC

P O Box 54 Wembley W A 6913
Telephone: 0429.117.242
Email: christianmeditation@iinet.net.au

Web-sites:

www.christianmeditationaustralia.org/
www.wccm.org

Saturday 12th March 9.00am – 4.00pm

A Silent Lenten Retreat Day.

Presenter: Pastor Greg Pfeiffer

This silent day will prepare us for Lent and Easter with personal reflection time, meditation and the Prayers of the Hours.

Venue: Wembley Downs Church of Christ, 10 Bournemouth Cres, Wembley Downs.

Tea and coffee provided, BYO lunch.

Donation: \$12 (Suggested)

Tuesday 26th April from 7.00pm

AN EVENING WITH

FR. LAURENCE FREEMAN OSB

The program will include meditation, talk and a time for questions and answers.

VENUE: St John's Lutheran Centre, St John's Court

16 Aberdeen Street, PERTH.

Book sales. Entry by donation please.

Saturday 25th June 10.00am – 3.30pm

A Day of Community Renewal

With Michael Leek OSB, & Friends from St Thomas More Chapel Youth Ministry.

The day will include presentations, periods of meditation and shared reflections.

Venue: Mary McKillop Function Room, St Joseph's Convent, 16 York St (Cnr King Edward St) South Perth.

Tea and coffee provided, BYO lunch.

Donation: \$12 (Suggested)

Sat 13th August 10.00am – 3.30pm

Community Day & AGM.

Theme: Pilgrims and Pilgrimages

Community Members will share something of their Pilgrimage stories. Includes times for meditation practice, and informal discussions.

Afternoon - AGM of CMC WA for 2016.

Venue: St Thomas More Parish Centre
100 Dean Road, Bateman.

Tea and coffee provided, BYO lunch.

Donation: \$12 (Suggested)

Fri 21st October 6.00pm – 9.00pm

& Sat 22nd October 9.00am -4.00pm

A Silent Retreat Event

Theme: Have we forgotten the Beatitudes?

Presenter/s: Stephanie Woods, Gerard Overman, John Coleman

Friday evening will be a shared simple meal (provided), presentation and meditation.

Saturday will include presentations, personal reflection time, periods of silence and meditation.

Venue: St Cecilia's Parish Centre,
Cnr Grantham St & Kenmore Cres,
Floreat.

Tea & coffee provided, BYO lunch Sat.

Donation: \$12 (Suggested)

Sat 19th November 10.00am – 3.30pm

Community Day

Theme: Meditation and Creativity

Presenters: Anne Zevis & Sue Somerville

Join us as we discover and explore.

The day will include input, guided activities and periods of mediation.

Venue: St Michael's Anglican Parish,
25 Gunbower Rd, Mt Pleasant.

Tea and coffee provided, BYO lunch.

Donation: \$12 (Suggested)

SOMETHING TO PONDER:

'The process of meditation is the opening of the eye of the heart. This is the deeper and more simple consciousness that allows us to know that we can love and be loved and that we are all *in love*.'

John Main OSB

WCCM Mission Statement:

To communicate and nurture meditation as passed on through the teaching of John Main, in the Christian tradition, in the spirit of serving the unity of all.