



THE TWO DOVES

South Australian Christian Meditation Community Newsletter

Number 6
January 2018

Greetings to all Meditators—

I write to you as I am flying at 25000 feet plus over the Arabian Peninsular on my way to Dubai and then to Adelaide after a marvellous 4 week holiday in Paris, the UK and Barcelona. My family went to London to visit our daughter for Christmas as she couldn't come home to us. It has been a truly wonderful time, and one in which we have all, also welcomed in the new year of 2018. I wonder what hopes you have for this New Year. Have you made any New Year resolutions? And will this year be as busy as the last for you—and could it possibly be less busy? (If you have any tips to achieve this please let me know!!!).

Last year was a very good year for the South Australian Christian Meditation Community. The backbone of our Community are our Meditation Groups that are held week in, week out in homes, churches, hospitals and prisons throughout the state. Our group numbers have remained constant—even though some groups have closed new groups have opened in their place. New groups to open have included a closed group at the Women's and Children's Hospital and the Monthly Modbury Meditators. Our Community owes a huge amount of thanks to the leaders of these groups who faithfully turn up and set up each week.

Meditators who come along to Community events in the city of Adelaide have the privilege of meeting up with other Meditators from different groups—a Lenten Community Day, a Silent Retreat Day, Silent Retreat Week- end, a Leaders' Afternoon and Advent Twilight Retreat were held. Unfortunately because these events are held in the city many of our Meditating Community are unable to come. And so it is my hope that many of you who live further away will take the opportunity of attending the Australian Christian Meditation Community's National Conference which is to be held in Adelaide on Friday evening 7th September and Saturday 8th Sept 2018. (The Adelaide Show will be on that weekend as well, concluding on Sunday 9th Sept).

The details for now are as follows—Guest speaker The Rev'd Dr Sarah Bachelard with a pre recorded presentation by Laurence Freeman OSB on "Contemplative Christianity". Sarah is the founder and priest of

Australian Christian Meditation Community **NATIONAL CONFERENCE** in Adelaide, South Australia

SAVE the DATE
7 & 8 September 2018

Guest speaker The Rev'd Dr Sarah Bachelard
with a pre recorded presentation
by Laurence Freeman OSB on
"Contemplative Christianity"



The Rev'd Dr Sarah
Bachelard



Laurence
Freeman OSB



www.christianmeditationaustralia.org
www.wccm.org

the Benedictus Contemplative Church in Canberra. She is a widely sought presenter and spoke at the 2016 Meditatio seminar on "Meditation and Ageing". She is also a "younger meditator" and was one of Father Laurence's young meditator representatives at last year's Contemplative Exchange hosted at St Benedict's Monastery in Colorado.

Further details will be distributed as they become available—and even sooner if you have given us an email address. It would be greatly appreciated if all groups could give me an email contact for their group so that all groups can be notified of this information as soon as possible. And due to the high cost of stamps it would be appreciated if you still require these updates to be posted to you to please post Bev Armstrong 5 postage stamps to her at 6 Stott Place STIRLING SA 5152.

With love, Dianne Schaefer



us on Facebook at
<https://www.facebook.com/ACMCmeditation/>

0413 633 905; 8395 1720;
chr.med.southaust@gmail.com



Upcoming Event

**Saturday 24th
February, 11 am—3-30
pm**

Lenten Community Day with Christine Nelson 'Sometime teacher, singer, author..... Child of God'.

*"How Long is a Pause?
Listening with the Ear of the Heart
during Lent"*

At the North Adelaide Lutheran
Church Hall,
139 Archer Street, North Adelaide.

Off-street parking is available behind the Church Hall. Enter via Walter Street from Archer Street, (the left hand turn immediately after the Church); and then left into the car park. Go through the gate to get to the second carpark. Further parking is available on the grounds of the Lutheran Laypeople's League, at 175

Daily Wisdom

The Daily Wisdom readings, along with Weekly Teachings and Weekly Readings are available online at wccm.org, and from here they can be sent to you by email or you can access them on the WCCM App.

Attention requires what our world has sacrificed to the acquisition of speed: stillness. It is possible to be moving fast and remain still, in a state of attention; St Benedict tells us to 'run along the way of the Lord's commands' and that 'idleness is the enemy of the soul.' The contemplative life is not about inertia. Of course the speed at which one runs and remains busy will vary with individual temperaments and even the most resilient and energetic need times of slowing down to a still point - just as we all need some space for emotional solitude. But modern life, hijacked by our technology at the ransom of our spirituality, has lost the art of the balanced life and the wisdom to know what this means. ([A Letter from Laurence Freeman OSB, Meditatio Newsletter, December 2017](#))

Group News

WHYALLA MEDITATION GROUP PROFILE:

This group has been going for 20 years or more, as with all groups there is a decline in members at the moment. A more concentrated effort is required next year in our approach to members.

The people that come are of a dedicated type, there is now competition in our midst as the church minister has started up an afternoon group.

We at the hospital chapel are enjoying our meditation, and find great peace in doing so, thank you for this chance to have our say.
Chris Roberts (Group Leader).

The Whyalla Christian Meditation group meets each week on Mondays at 10-30 am.

JEAN STIRLING—WAYVILLE'S GROUP LEADER

It is with much sadness that I write to let you know that Jean died

last week on the 17th January. Jean was very well known in our Community and helped in many ways. Jean had been a valued Committee member for many years, only giving up recently due to ill health.

Jean has been Wayville group's leader since 2005 so that is around 13 years. In that time she led the group graciously and faithfully. I am sure that she will be very missed not only by her group but by our Meditation Community as well.

I ask that you would keep Jean's family in your prayers—her sister Daphne and Neville Lomas of Toowoomba, Shirley (deceased) and Bill Lindsay of Launceston, and her many nieces and nephews. Please also keep the Wayville meditation group in your prayers as I am sure they will miss Jean. May she rest in peace.

GROUP CHANGES:

One of Bev's Stirling Christian Meditation groups has changed its day and time. The Wednesday evening group has been replaced with 4-30 pm on Sundays.

Australian Christian Meditation Community – SA

COMMUNITY DAY

*"How Long is a Pause?
Listening with the Ear of the
Heart during Lent"*

Speaker: Christine Nelson
Sometime teacher, singer, author.
Child of God.



Saturday, 24th February, 2018
11am—3.30 pm
North Adelaide Lutheran Church Hall
139 Archer Street, North Adelaide

DONATION: \$15
PLEASE BRING FOOD FOR A SHARED LUNCH
& YOUR OWN CUP

The Australian Christian Meditation Community (TAS)



Silent Retreat 2018

Join us for a weekend of silence, stillness and simplicity

at

The Emmanuel Centre, Launceston.

“Prayer is in the Waiting- patience, perseverance and peace”



On this silent retreat we draw on scripture and tradition to deepen the experience of how our contemplative work of silence heals and renews our lives.

- When** Commencing Friday March 9, 2018 at 7pm.
Concluding after lunch Sunday March 11, 2018.
- Where** Emmanuel Spirituality and Pastoral Centre, 123 Abbott St, Newstead TAS 7250.
- Cost** \$245.00 Bank account details for electronic transfer are:
BSB: 807009 Acc No: 51399026 (ACMC Tas)
Please include your surname as Description for recipient
Alternatively cheques made out to ACMC Tas may be mailed to:
D. FitzGerald, 3/14A Wentworth St, South Hobart TAS 7004
- RSVP** Thursday February 8, 2018.
A deposit of \$100 would be appreciated at this date - payment details as above.
Thursday March 1, 2018
Balance of \$145 at this date - payment details as above.
- Joy Hayes: 03 6331 2704 joyhayes77@gmail.com
Des FitzGerald: 03 6223 4040 d.fitzgerald@utas.edu.au